

Cell Group Lesson: The Day

Ice Breaker: What is your most favorite part of the day (for example: are you a morning person)?

Read Opening Comment:

The Value of Each Day

"This is the beginning of a new day. God has given me this day to use as I will. I can waste it or use it for good, but what I do today is important, because I am exchanging a day of my life for it! When tomorrow comes, this day will be gone forever, leaving in its place something that I have traded for it. I want it to be gain, and not loss; good, and not evil; success, and not failure; in order that I shall not regret the price I have paid for it."

Question: Why has it been said that each day is like a "mini-life"?

Answer:

- 1) It has a beginning and an end,
- 2) It will never come again,
- 3) It is a gift from God.

Why we need God daily:

Read: The Daily Prayer:

"So far today, God, I've done all right. I haven't gossiped, haven't been greedy or grumpy, nasty or self-centered. I am really glad about that. But in a few minutes, God, I'm going to get out of bed, and then I'm going to need a lot of help!"

Here's what God does for us daily:

Read:

Psalm 68:19 - Praise be to the Lord, to God our Savior, who daily bears our burdens. Selah

Facilitator's Questions: *How does God help you carry your daily burdens?*

Read:

Matt 6:11 - Give us this day our daily bread. (KJV)

Facilitator's Questions: *What is our daily bread? (some say: Our nourishment and support to make it today)*

Read:

Psalm 118:24 - This is the day which the LORD hath made; we will rejoice and be glad in it. (KJV)

Facilitator's Question: *Why was this day made? (to rejoice, be glad and live in such a way that glorifies the Lord)*

Question: Why do you think Satan **doesn't** want you to realize God's daily support in your life?

Answer:

- 1) He wants you to feel alone
- 2) He wants you to feel un-worthy of the Lord's help and love on a daily basis
- 3) He doesn't want you to fulfill the will of God in your life

Here's what we should do daily for the Lord:

Read:

Psalm 145:2 - Every day I will praise you and extol your name for ever and ever.

Facilitator's Question: *Why should we praise Him everyday? (It's a statement that I will praise in the good & bad times)*

Read:

Psalm 35:28 - My tongue will speak of your righteousness and of your praises all day long. (NIV)

Facilitator's Questions: *How do we speak of His righteousness and praise Him? (Through our testimony)*

Read:

Hebrews 3:13 - But encourage one another daily, as long as it is called Today, so that none of you may be hardened by sin's deceitfulness.

Facilitator's Question: **How can we encourage one another during the day? (Phone calls, emails, prayer)**

Read:

1 Corinthians 15:31 - I affirm, by the boasting in you which I have in Christ Jesus our Lord, I die daily. (NKJV)

Facilitator's Question: *What has to 'die' daily? (Our personal plans, desires and priorities - His will, not ours)*

Read:

Psalms 61:8 - So will I sing praise unto thy name for ever, that I may daily perform my vows. (KJV)

Facilitator's Question: *What are our daily vows? (Normal activities of a Christian life- Prayer, Bible Reading, Testifying, etc.)*

Question: Why is it hard sometimes to fulfill our Daily Christian duties?
Answer:
1) We get caught up in the 'cares of life'
2) Life's problems can divert our attention away from God's daily plan for us

Read:

Commentary # 1

The Bible says in James 4:3, "Ye ask, and receive not, because ye ask amiss..." - The reality is you not only can ask amiss, but you can also live amiss, not realizing that the purpose to life is a life of purpose. So examine your life, is it given to the important things, the things that matter most?

Question: Why do we put off doing the important things in our lives?
Answer: The main reason is that we think we have tomorrow to do them.

Read:

Psalms 39:4 - "Show me, O LORD, my life's end and the number of my days; let me know how fleeting is my life." (NIV)

Question: What is David asking the Lord to do in this Bible verse?
Answer: To show him and make him think that life is short/fleeting and to not take it for granted.

Read:

Commentary # 2

If you were told today that you had only six months to live:

- 1) What would you change?
- 2) What would you seek to accomplish?
- 3) Who would you forgive?
– And why are you waiting?

Final Comment:

Life is not a dress rehearsal - so let the words of the late Michael Landon encourage you to make full use of each day, he said: "Whatever you do, do it now. There are only so many tomorrows."

Facilitators Closing Comments: Let's pray together and ask the Lord to stir our hearts to do what is most important and to make full use of the days that He blesses us with

Cell Group Reading Material

The Day

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